

Dr. Luis A. Cruz, DMD - Dr. Natalia María Caballero Marrero, DDS - Dr. Emma K. Dionise, DMD

Dr. Luis A. Cruz, Dr. Natalia Maria Caballero Marrero, or Dr. Emma K. Dionise has recommended intravenous sedation for your child's dental treatment. We want to make scheduling this appointment and meeting your needs as easy as possible.

Please read the following instructions for your child receiving sedation:

Office Location:

1301 Plantation Island Drive South, Suite 305, St. Augustine, FL 32080

(904) 471-8500



Changes in health: Any change in health status prior to the sedation appointment, especially a cold or fever 7 days prior to treatment, will most likely call for rescheduling the appointment for your child's safety. Please inform our office or PDAA immediately.

Medications: Any necessary medications need to be cleared with the office prior to the appointment.

NPO RESTRICTIONS: No solid food, milk, or formula for **8 hours before** the procedure. Clear liquids (water, juice, Jell-O, Popsicles, Gatorade) are allowed up to **3 hours before** the procedure. Nothing by mouth for 3 hours prior to the procedure. Failure to follow these instructions may result in delay or cancellation of your child's procedure. If you have any questions about food and drink restrictions prior to sedation, please contact a nurse with PDAA at **(813)545-9924**.

Supervision: Two adults must accompany the patient to the sedation appointment, one of which must be a legal guardian. **DO NOT** send your child to school or daycare before or after their appointment. You may dress your child in loose-fitting clothes. The effects of the medication will wear off slowly over a period of several hours. Your child may sleep or sometimes become very irritable. Do not permit your child to walk without assistance or play without supervision.

Appointment Time: The time of the appointment is not determined until 1 week prior to the scheduled date. You may receive a printout, text message, or email stating a time, but this is not a guarantee; its sole purpose is to add your child to the schedule. You will receive a phone call from a staff member 1 week prior to the appointment, letting you know what time your child will be seen.

Sedation day: Please arrive 30 minutes prior to your appointment time. Upon your arrival, you will be requested to sign a permit consenting to the use of drugs. Your child will be weighed to properly determine the dosages of the drugs to be given. This type of sedation will not interfere with your child's ability to breathe, cough, or exhibit normal protective reflexes.

Patient name: _____

Phone number: _____

Treatment: After the sedation becomes effective, your child will be placed in a protective wrap to prevent unnecessary movement. A mouth prop will be placed in the child's mouth in an open position. Monitoring equipment and extra personnel will be on hand to ensure your child's well-being. Since you are not permitted into the operatory, we request that you remain in the waiting room until treatment is complete. If you must leave our office, please check with the receptionist so we can locate you.

Getting home: Your child should be monitored closely for any signs of distress. Your child should be carefully secured in a car seat or seatbelt for the ride home. **Two (2) adults are required** to accompany the child home after the dental treatment is complete.

Food after treatment: Encourage your child to drink liquids, especially water, clear fluids, soup broth, fruit juice, or Gatorade, as soon as possible to help prevent nausea and dehydration. Soft, bland food may be taken when desired. If vomiting occurs, discontinue all intakes for 1-2 hours, then begin again with small amounts of clear liquid.

Problems: Call Dr. Cruz, Dr. Caballero or Dr. Dionise if questions or problems arise. We will want to know if vomiting persists beyond 6 hours, if temperature elevation persists beyond 24 hours, if there is any difficulty breathing, and if any other matter causes you concern. Children's Tylenol or Children's Motrin will help reduce pain and fever.

In case of emergency, please call the office at (904)471-8500 or the emergency line at (386)237-8485.

Cancellation: **PLEASE CONTACT LITTLE SMILES FOR RESCHEDULING.** A notice of 48-hours must be given to cancel a sedation appointment. After the SECOND cancellation, the appointment will NOT be rescheduled. On rare occasions, the appointment may be canceled due to an emergent situation; in this scenario, you will be rescheduled for the earliest sedation date available (this will not affect the number of times the appointment has been canceled).

Deposit/Payment: Our days and openings are very limited for these appointments. Therefore, we do require a non-refundable deposit of \$100.00 that is due at the time of scheduling. This fee will apply to your child's treatment cost if the appointment is not canceled within 48 business hours. **Please understand this is to accommodate all our patients in a timely manner.** The full amount for the dental treatment completed by Dr. Luis Cruz, Dr. Natalia Caballero, or Dr. Emma Dionise is collected on the day of the appointment. Please keep in mind that we have given you an estimate. In the event the treatment changes, we will review the new fee and obtain your consent before proceeding.

Forms of payment: Our office will accept payment in the form of CareCredit, cash, credit card, or debit card. Please keep in mind that our practice is separate from the anesthesiologist's, and the payment acceptance may differ. Personal checks are NOT accepted in our office.

Parent/Guardian Signature _____ **Date** _____

Patient Name _____

Witness: _____ **Date** _____